



# Café Almaden August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cavatappi w/ Grilled Chicken In a Pesto Cream Sauce Green Salad Orange Low Fat Milk	3 Oven Fried Chicken Collard Greens Sweet Yams Corn Bread Banana Low Fat Milk	4 Spaghetti w/ Meat Balls Italian Vegetables Garlic Bread Pears Low Fat Milk	5 BBQ Chicken Potato Salad Green Salad Chilled Peaches Low Fat Milk	6 Roasted Pork Loin Apple Slaw Au Gratin Potatoes Green Salad Orange Low Fat Milk
9 Fish Taco Mexican Slaw Spanish Rice Cantaloupe Low Fat Milk	10 Southwest Chili Green Salad Garlic Bread Apple Low Fat Milk	11 Grilled Pork Chops Apple Slaw Gratin Potatoes Pears Low Fat Milk	12 Stir Fried Chicken w/ Vegetables Steamed Brown Rice Orange Low Fat Milk	13 Pork Chile Verde Rice & Beans Green Salad Flan Banana Low Fat Milk
16 All Beef Hot Dog Pasta Salad Ranch Style Beans Green Salad Apple Low Fat Milk	17 Turkey Sub Dill Potato Salad Green Salad Fresh Fruit Low Fat Milk	18 Cavatappi w/ Grilled Beef In a Blue Cheese Cream Sauce Green Salad Orange Low Fat Milk	19 Pork Pozole w/ Hominy Steamed Rice Green Salad Pineapple Chunks Low Fat Milk	20 Greek Gyro Plate Greek Salad Pita w/ Tzatziki Sauce Rice Pilaf Chef Dessert Low Fat Milk
23 Chicken Piccata Brown & Wild Rice Cauliflower Apple Low Fat Milk	24 Grilled Sausage Sandwich w/Onions, Peppers & Mushrooms Green Salad Pear Low Fat Milk	25 Asian Beef Skewers Steamed Brown Rice Broccoli Orange Low Fat Milk	26 Stuffed Pork Loin Roasted Potatoes Green Salad Apple Sauce Low Fat Milk	27 Carne Asada Jicama Salad Pinto Beans Salas Fresca Tortilla Pineapple Chunks Low Fat Milk
30 Baked Fish Wild & Brown Rice Spinach Pear Low Fat Milk	31 Chicken Fajitas Salad Tortilla Chips & Salsa Fruit Cocktail Low Fat Milk	 <b>CITY OF SAN JOSE</b> <small>CAPITAL OF SILICON VALLEY</small>  <i>Parks, Recreation and Neighborhood Services</i>		

**Alternative Menu**

{August 2 thru 6 Asian Chicken} {August 9 thru 13 Garden Salad}  
 {August 16 thru 20 Tuna Salad} {August 23 thru 27 Greek Salad} {August 30 thru September 3 Chopped Salad with Turkey}  
**No senior aged 60 or over shall be denied a meal based on their inability to make a contribution".**